

KENDRIYA VIDYALAYA ARUVANKADU

First Anniversary of Fit India Movement and 2nd Edition of

Fit India School Week

Daily Reports

Day – One

09-12-2020

As per the Schedule of activities The Fit India Thematic campaign in virtual mode has been done .

Fit India Movement is aims at encouraging people to include physical activities and sports in their everyday lives.

In compliance with this movement, Kendriya Vidyalaya, Aruvankadu also excitedly supported this initiative and made necessary arrangements to view the Fit India Movement for a week from 01/12/2020 onwards.

Activity: **Fit India Thematic campaign virtual**

The first day of FIT INDIA week, Online Banners and pamphlets has been created and circulated by all means of Social media like School website, Facebook page, Whatsapp groups of classes. All the students, parents and Teachers are well aware about the importance of celebrating the FIT INDIA week and its first anniversary. They all are excited to participate in the different events that are to be held in upcoming week.

The Images of event and screenshots are attached in the document.

As per the guidelines of KVS we have made a fitness plan and plans to incorporate the same in students and staff's daily physical activities with wide publicity.



KENDRIYA VIDYALAYA, ARUVANKADU
THE NILGIRIS - 643202



1st Anniversary of #FitIndiaMovement

Celebrating



**FIT
INDIA
CHALLENGE**



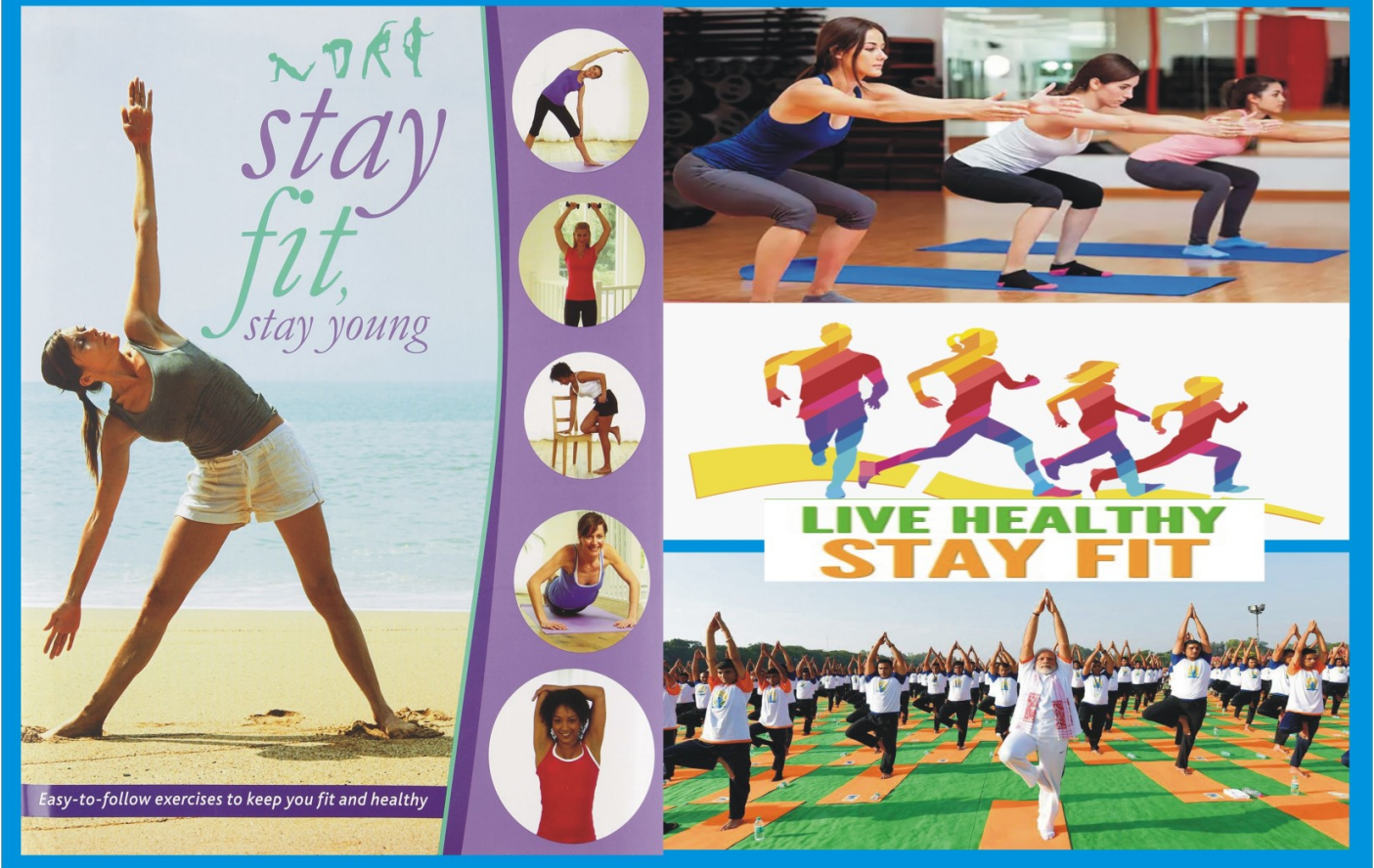
Fit India School Week

09-12-2020 to 16-12-2020



KENDRIYA VIDYALAYA, ARUVANKADU THE NILGIRIS

Fit India School Week



The Fit India Thematic campaign in virtual mode has been shared in School Class WhatsApp groups for students and shared to mails for staff and parents.

Fitness is not a destination; it is a way of health for Healthy people, Healthy Families, Healthy Society. Commit yourself to be healthy and stay fit for ever.

Stay safe and Be safe.

BY

Kendriya Vidyalaya, Aruvankadu.